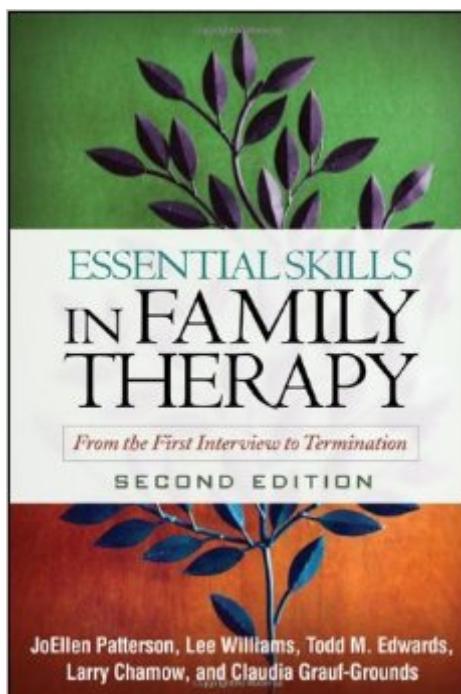


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# Essential Skills In Family Therapy: From The First Interview To Termination, 2nd Edition



## **Synopsis**

Readable and concise yet immensely informative, this bestselling text prepares students and new therapists to work confidently and effectively in real-world clinical practice with families. The authors offer wise and compassionate guidance on everything from intake and assessment to treatment planning, the nuts and bolts of specific interventions, the nuances of establishing therapeutic relationships, and how to troubleshoot when treatment gets "stuck." They help the novice clinician navigate typical dilemmas and concerns, and spell out the basics of therapist self-care. Vivid case examples, sample forms, and quick-reference tables enhance the utility of the text. New to This Edition \*Updated throughout to reflect current clinical findings and practices. \*Many new or revised case examples. \*Now more integrative--shows how to flexibly draw on multiple theories and techniques. \*New topics, including "Dealing with Clients We Dislike." See also the authors' Essential Assessment Skills for Couple and Family Therapists, which shows how to weave assessment into all phases of therapy, and Clinician's Guide to Research Methods in Family Therapy.

## **Book Information**

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## **Customer Reviews**

This is a very basic book...great for beginning therapists. For an individual therapist transitioning to family therapy, there was indeed some good material, however it is a bit heavy on ethical, confidentiality basics etc. I will say that a good review is helpful.

I needed the book for school and it has helped a lot. The book gives many realistic examples of things you may encounter during an internship and useful to help you know what you might do in the specific situation or others similar to it.

Although I am not quite finished this book, it has helped me decrease my anxiety as a beginning family therapist. It gives some insight on where to begin as a family therapist and skills that you can utilize. It gives input on treatment plans, assessment, and other valuable information. I recommend this book for beginning practitioner.

This is an amazing book for potential therapist or current therapist wanting to brush up on their skills. I'm a potential therapist still doing my Masters and this book caters to all the anxiety, stress and concerns therapists and clients are experiencing and how to over them. Really Great book. Soooo Glad I have it. it is very useful. Definitely a must have.

I read this for work and instruction. It met my expectations and I have used it repeatedly. The book is easily accessed, clearly written, and well documented. Good for students, mental health counselors.

This book is a must read for beginning therapist and clinical supervisors. The informative chapters are easily understood; the information presented has the potential of enhancing the reader's skill base. The wide range of supportive references are excellent. L. D. Petteway, PhD

This book was purchased for a Marriage and Family class in my MSW program. It was a good beginner's guide to providing therapeutic services to families of all backgrounds, and experiencing different stressors.

This book is a required reading for my practicum and internship class in Marriage and Family therapy, but it's an excellent book to help new therapists understand the realities of therapy. It breaks down the models and interventions that I've been learning about for 3 years into practical applications for working with real clients. It also explains creating treatment plans and writing process that are a necessity in the field.

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